National Transgender Discrimination Survey: Full Report  
[https://transequality.org/issues/resources/national-transgender-discrimination-survey-full-report](https://sp.frontporchforum.com/f/a/rBjC43O6Kjwix445HgvtJg~~/AAQuHwA~/RgRlHyYUP0RhaHR0cHM6Ly90cmFuc2VxdWFsaXR5Lm9yZy9pc3N1ZXMvcmVzb3VyY2VzL25hdGlvbmFsLXRyYW5zZ2VuZGVyLWRpc2NyaW1pbmF0aW9uLXN1cnZleS1mdWxsLXJlcG9ydFcDc3BjQgpjPBuhPGORM2O-UhVqZXIyOTExc2x3aEB5YWhvby5jb21YBAAAAAA~)  
  
Statistics Show Exactly How Many Times Trans People Have Attacked You in Bathrooms  
[https://www.mic.com/articles/114066/statistics-show-exactly-how-many-times-trans-people-have-attacked-you-in-bathrooms](https://sp.frontporchforum.com/f/a/bRNOF8lQ8r2g5HPOPVC9tw~~/AAQuHwA~/RgRlHyYUP0R2aHR0cHM6Ly93d3cubWljLmNvbS9hcnRpY2xlcy8xMTQwNjYvc3RhdGlzdGljcy1zaG93LWV4YWN0bHktaG93LW1hbnktdGltZXMtdHJhbnMtcGVvcGxlLWhhdmUtYXR0YWNrZWQteW91LWluLWJhdGhyb29tc1cDc3BjQgpjPBuhPGORM2O-UhVqZXIyOTExc2x3aEB5YWhvby5jb21YBAAAAAA~)  
  
Both articles are somewhat old but the general ideas remain the same. For something more current, you can read  
  
The Experiences, Challenges and Hopes of Transgender and Nonbinary U.S. Adults  
Findings from Pew Research Center focus groups  
[https://www.pewresearch.org/social-trends/2022/06/07/the-experiences-challenges-and-hopes-of-transgender-and-nonbinary-u-s-adults/](https://sp.frontporchforum.com/f/a/pZxZUQpPNgEhermieHm7yQ~~/AAQuHwA~/RgRlHyYUP0SCaHR0cHM6Ly93d3cucGV3cmVzZWFyY2gub3JnL3NvY2lhbC10cmVuZHMvMjAyMi8wNi8wNy90aGUtZXhwZXJpZW5jZXMtY2hhbGxlbmdlcy1hbmQtaG9wZXMtb2YtdHJhbnNnZW5kZXItYW5kLW5vbmJpbmFyeS11LXMtYWR1bHRzL1cDc3BjQgpjPBuhPGORM2O-UhVqZXIyOTExc2x3aEB5YWhvby5jb21YBAAAAAA~)  
  
And finally,  
  
A beginner's guide to being an ally to trans people  
[https://www.glaad.org/amp/beginners-guide-being-ally-to-trans-people](https://sp.frontporchforum.com/f/a/l0HWVP0OZZ4-Yi88kerVbg~~/AAQuHwA~/RgRlHyYUP0REaHR0cHM6Ly93d3cuZ2xhYWQub3JnL2FtcC9iZWdpbm5lcnMtZ3VpZGUtYmVpbmctYWxseS10by10cmFucy1wZW9wbGVXA3NwY0IKYzwboTxjkTNjvlIVamVyMjkxMXNsd2hAeWFob28uY29tWAQAAAAA)